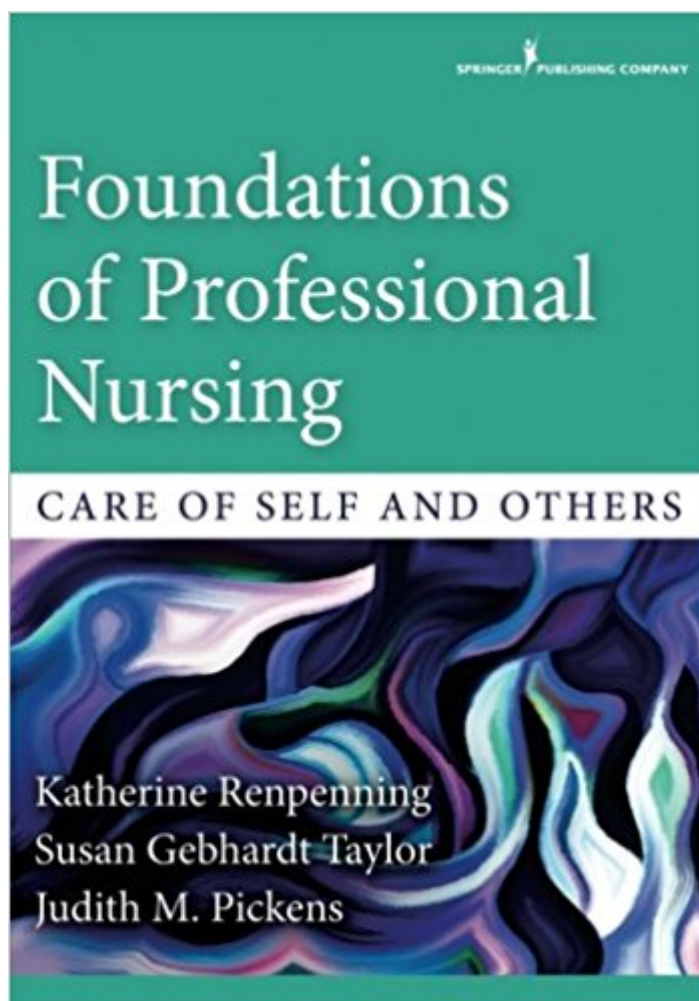


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# Foundations Of Professional Nursing: Care Of Self And Others



## Synopsis

Integrates the science of self-care with other nursing and multidisciplinary perspectives This is the first text for the Professional Nursing Practice course in RN to BSN curriculum to present a conceptual framework for contemporary nursing practice based on the science of self-care that also incorporates other nursing and multidisciplinary perspectives. Built upon the premise that nursing is both a caring and a knowledge-based profession, this cutting-edge text illustrates how to attain and integrate knowledge from nursing theory and theories of related disciplines to achieve optimal evidence-based nursing practice. Using case studies to demonstrate the relationship between nursing theory and practice, the text underscores the importance of having a deep understanding and conceptual model of the unique role of nursing in society and its practice domain. The text instills a foundational understanding of the science of self-care and its contribution to contemporary nursing. It describes how this paradigm is gaining recognition as an effective anti-burnout strategy and demonstrates how it can be applied. Case examples from a variety of clinical situations integrated with nursing theory demonstrate the variables needed to achieve optimal nursing practice. The book illustrates what data to collect, how to analyze that data, how to design and implement intervention strategies, and how to determine their effectiveness. Key concept boxes, measurable objectives with critical thinking questions, and learning activities reinforce content. Additionally, more complex cases included at the end of the text and frequent links to nursing literature provide fodder for more in-depth analysis. Key Features: Provides an integrative model for nursing practice based on self-care that is useful in all clinical settings Illustrates how to attain and integrate knowledge from the science of self-care with other nursing theories Demonstrates the relationship between theory and practice through case studies Introduces students to the importance of recording and analyzing data to achieve evidence-based practice Includes measurable objectives with review questions at the end of chapters and many other pedagogical features

## Book Information

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## Customer Reviews

Katherine Renpenning, MScN, a graduate of the University of Saskatchewan and the University of British Columbia is a nursing consultant whose career has primarily focused on the utility of self-care deficit nursing theory in improving nursing practice and nursing education. Her client base has included governments, professional nursing associations, schools of nursing, and acute, long-term care, and community health agencies in Canada, United States, and internationally.

Susan Taylor, MSN, PhD, FAAN, a graduate of Alverno College, Milwaukee, Wisconsin, and Catholic University of America. She is Professor Emerita, Sinclair School of Nursing, University of Missouri-Columbia, Columbia Missouri. She is the recipient of the Alumna of the Year award from Alverno College, Missouri Tribute to Nurses-Nurse Educator award, Kemper Fellowship for Teaching Excellence, and MU Alumni Association Faculty award. Judith M. Pickens, RN, PhD, a graduate of Marymount College, Salina, Kansas; graduate work at University of Missouri and Arizona State University. She has been Assistant Professor/Clinical Associate Professor in the Undergraduate/ Post-Masters Psychiatric-Mental Health (P-MH) clinical/ theory. She has extensive clinical expertise and served as clinical care coordinator and director of nurses in the behavioral health field.

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